

Frost After School Program - Club Descriptions - 1st Semester 21-22

Club Name	Description	Time club meets	Sponsor
Monday Clubs		Updated 9/18/22	
Chat Club	During Chat Club, students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment.	2:30 - 4:30 8th Grade Gym	Ms. Gonzales Ms. Smith
Dungeons & Dragons	Meet up with your friends and play Dungeons & Dragons - who will be the Dungeon Master?	2:30 - 3:30 Trailer #2-1	Mr. Beekman
Library Homework Club	The library on all 4 late bus days for students to do homework, use the computers for research, socialize quietly with friends, work on projects, read and enjoy a light snack.	2:30 - 4:30 Library	Mr. Agosta Ms. Peterson
Literary Magazine & Newspaper Club	Welcome to Frost Roadways and Revelations! This is Frost's very own Newspaper and Literature Magazine. If you enjoy writing creatively, learning about current events in our school community and the world, and meeting new friends-this is the place for you! You will be able to experience having your writing published and shared with the Frost community.	2:30 - 3:30 Trailer #1-3	Ms. Champagne Ms. Sharma
Movie Club	Enjoy movies with your friends. We will watch popular movies and discuss them. Movie Club will meet once a month, on the following dates: 1st Sem - Oct 17, Nov 14, Dec 12, Jan 9	2:30 - 4:30 Room D-215	Ms. Little
Robotics Club	This will be our first year with a Robotics Club at Frost. It will be a competitive club that learns about robotics concepts and builds a robot with plans to compete in the VEX IQ Global Challenge.	2:30 - 3:30 Room 408 & The Maker Space	Mr. Wiseman
Rubik's Cube Club	In the Rubik's Cube Club, members work with the Rubik's cube to improve their hand-eye coordination as well as develop their spatial and mathematical reasoning. We will even have speed competitions. Whether you've never solved a cube before or you've been solving for years, we are open to everybody. Come join us!	2:30 - 3:30 Room G-106	Ms. Gregory
Strategic Game Club	Strategy board games are games where your decision-making skills are put to the test. Every decision you make can lead to your victory, or your defeat. Plus, strategy board games bring out our competitive side—we want to win against our family and friends, after all. See how your critical thinking and planning skills compare to others by playing these strategy board games.	2:30 - 3:30 Room G-106	Ms. Gregory
Teacher Academic Help	Students can stay after with their teachers for additional help, make up tests and work on projects - Students must ask teacher what days they are staying after each week	2:30 - 4:30	Frost Staff

TSA Technology Student Association	This will be the first year for the Frost Robotics Club. It will be combining with TSA. The mission of the TSA Association is to prepare our membership for the challenges of a dynamic world by promoting technological literacy, leadership, and problem solving, resulting in personal growth and opportunity. Student members of TSA develop aptitudes, interests, and abilities pertaining to functioning in a technical world. TSA's program of leadership development and competitive events provide students opportunities beyond the traditional classroom setting which add to their increased knowledge and understanding of technology and its role in our society.	2:30 - 3:30 Room 408 & The Maker Space	Mr. Wiseman
Sign Language Club	American Sign Language Club is an opportunity for students to learn the basics of signing as well as get a look into the world of Deaf culture.	2:30 - 4:30 Room 403	Ms. Kim
Video Game Club	Do you enjoy playing Video games? If you answered yes, then the Video Game Club is the place for you. We have Switch, Xbox, & Wii U.	2:30 - 4:30 Room G-105	Ms. Morrobel
Volleyball Club	Join us on Mondays to play Volleyball to improve your skills & have fun playing with friends.	2:30 - 4:30 8th Grade Gym	Ms. Withington
Tuesday Clubs			
Baking Club	Do you like to Bake? If you do, then this is the club for you. Every Tuesday we will bake delicious desserts from cookies, to cake, pie, muffins and more.	2:30 - 4:30 Sign in - 8th Grade Gym	Ms. Metzker Ms. Gregory
Chat Club	Students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment. We have a homework table set up for students to complete homework	2:30 - 4:30 8th Grade Gym	Ms. Morrobel
Chess Club	All students are welcome to learn the game of chess and improve thir skills. The club meets once a week for friendly play and discussion of strategies and tactics.	2:30 - 4:30 Room G-106	Ms. Price
Library Homework Club	The library on all 4 late bus days for students to do homework, use the computers for research, socialize quietly with friends, work on projects, read and enjoy a light snack.	2:30 - 4:30 Library	Ms. Hansen Ms. Peterson
Maker Space Club	We will offer different STEAM activities including Snap Circuits, Robotics, Lego robotics, bridge building, Arduino, origami, Budda Boards, Keva Planks, art & crafts and Legos. We will have a music making station, 3D Printing station, Cricut Design/project and much more.	2:30 - 4:30 Maker Space in the Library	Ms. Antayhua
Soccer Club	For students who enjoy play soccer, or want to learn soccer, to be able to come and just play - no fitness, no drills, just the game. Students who barely know each other, get together and become friends because of a common interest, soccer.	2:30 - 4:30 7th grade Gym	Mr. Agosta
Teacher Academic Help	Students can stay after with their teachers for additional help, make up tests and work on projects - Students must ask teacher what days they are staying after each week	2:30 - 4:30	Frost Staff

Unified Special Olympics	Special Olympics defines Unified Sports as "Dedicated to promoting social inclusion through shared sports training and competition experiences, Unified Sports joins people with and without intellectual disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding. The athletes are participants with intellectual disabilities and the partners are the peers training on the same team. The club will run in two sections, basketball in the fall and track in the spring. **Partners will be limited to participation in the fall OR spring. Club members will develop partnerships and friendships as they work together to learn the game of basketball and practice and develop basketball skills.	2:30 - 3:30 7th Grade Gym	Ms. Lockhart Ms. Peterson
VIRTUAL Writing & Poetry Club	"If you're intrigued by what you just read, if you know which of those poems wasn't a haiku, try Writing & Poetry Club. We'll have games, slams, prizes, guest poets, Hamilton tributes, and fifty yet-to-be-discovered things."	3:00 - 4:00 Must join the Group in Schoolgy for Zoom link	Mr. Verbicar (Frost) Schoolgy join code TR4B-N5NW-FG8JQ
Wednesday Clubs			
Anime Club	Join us on Tuesdays for Anime Club. We will watch Japanese Anime movies and TV episodes, discussion and the occasional Yu-Gi-Oh! Card tournament..	2:30 - 4:30 Room 205	Ms. Price
Art-Zen Craft Club	This club will meet every other week. They will do simple crafts and socialize while listening to music.	2:30 - 4:30 Trailer #6-3	Dr. Zabel Ms. Lockhart
Chat Club	During Chat Club, students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment.	2:30 - 4:30 8th Grade Gym	Ms. Gonzales Ms. Smith
Frost Minds Matter	This club will meet every other week. Frost Minds Matter is a student-led club that empowers school communities to change their culture around mental health.	2:30 - 3:30 Trailer #6-3	Dr. Zabel Ms. Lockhart
Library Homework Club	The library/Room 106 is open on all 3 late bus days for students to do homework, use the computers for research, socialize quietly with friends, work on projects, read and enjoy a light snack.	2:30 - 4:30 Library & Room 106	Mr. Agosta Ms. Patterson
Maker Space Club	We will offer different STEAM activities including Snap Circuits, Robotics, Lego robotics, bridge building, Arduino, origami, Budda Boards, Keva Planks, art & crafts and Legos. We will have a music making station, 3D Printing station, Cricut Design/project and much more.	2:30 - 4:30 Maker Space in the Library	Ms. Antayhua
Math Counts	What is MathCounts? The MATHCOUNTS Competition Series is the only competition program of its kind, with live, in-person events in all 50 states, as well as U.S. territories and schools worldwide through the U.S. Department of Defense and State Department. The Competition Series is ideal for students who have a talent and passion for math who need to be challenged. Students will engage in exciting "bee-style" contests in which they will compete against and alongside other bright, motivated students. Starts 2nd quarter.	2:30 - 4:30 Rooms D-108 & D-109	Ms. Warnick Ms. Shin

McFrostie Club (Military Connected students)	McFrostie Club is a space for military-connected students to hang out. We'll plan activities that support service members and their families, such as Veteran's Day, Month of the Military Child, Memorial Day, and Armed Forces Day. Our goal is to help the Frost community understand our military life by sharing our experiences and providing opportunities to learn about and support service members and their families.	2:30 - 4:30 Room C-201	Ms. Hurley
Sports/Game Club	We walk, run, leap & lunge - packing as many fun activities as you can in 120 minutes. Activity List: Basketball, Soccer, Taboo, Catchphrase, Charades, Flag Football, Capture the Fried Chicken, School-wide Ping Pong Tournament, Pizza Party, Asian Extravaganza, Oaxacan Food Fest, Steal the Snack Food, Spoons, Gaga, & more.	2:30 - 4:30 Trailer #3-3	Mr. Verbicar
Teacher Academic Help	Students can stay after with their teachers for additional help, make up tests and work on projects - Students must ask teacher what days they are staying after each week	2:30 - 4:30	Frost Staff
Video Game Club	Do you enjoy playing Video games? If you answered yes, then the Video Game Club is the place for you. We have Switch, Xbox, & Wii U.	2:30 - 4:30 Room G-105	Ms. Morrobel
Thursday Clubs			
Art Club	Art Club operates in an open studio format, where students work self-paced, on art projects of their choice: drawing, painting, sculpture, printmaking, and collage.	2:30 - 4:30 Room 401	Ms. Price
Basketball Club	Join us on Thursdays to play Basketball	2:30 - 3:30 7th Grade Gym	Mr. Kalinkos
Chat Club	During Chat Club, students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment.	2:30 - 4:30 8th Grade Gym	Ms. Gonzales Ms. Smith
College & Career Exploration (6 week sessions in the Fall & Spring)	College & Career Exploration welcomes everybody interested in getting a jumpstart on preparing for their future! The club's activities include: interest inventories for students, learning what colleges are looking for, discovering all of the resources available to help students find the best college for them, attending sessions with guest speakers, career exploration, and visiting a college or university.	2:30 - 4:30 Lecture Hall	Ms. Avina Ms. Morris
Kpop Club	K-pop or Korean Pop is the internationally popular, aesthetic-driven, style-bending, trendsetting, music genre of the 21st century. We will listen to & discuss K-pop music and culture.	2:30 - 3:30 Room 403	Ms. Kim
Library Homework Club	The library/Room 106 is open on all 3 late bus days for students to do homework, use the computers for research, socialize quietly with friends, work on projects, read and enjoy a light snack.	2:30 - 4:30 Library & Room 106	Mr. Agosta Ms. Patterson
Maker Space Club	We will offer different STEAM activities including Snap Circuits, Robotics, Lego robotics, bridge building, Arduino, origami, Budda Boards, Keva Planks, art & crafts and Legos. We will have a music making station, 3D Printing station, Cricut Design/project and much more.	2:30 - 4:30 Maker Space in the Library	Ms. Antayhua

Model United Nations	Are you interested in taking the role of a delegate representing a country and debating about numerous global affairs topics? Do you want to play the role of one of the Avenger members and discuss what to do about Thanos or be a participant in the Trojan Wars and plan an attack on your enemies? You can do all of that and so much more in Model UN, all while making many new friends, improving your public speaking and leadership skills, and learning about global affairs.	2:30 - 3:30 Room G-106	Ms. Gregory & Frost students leaders
Pride Club	Pride club will provide a safe environment for students to build community, self-confidence, and resiliency while further developing social/emotional wellness. This will be a support group for students that identify as LGBTQ and/or students that wish to be a part of this community of support.	2:30 - 3:30 Trailer #4-1	Mx. Brewster
Running Club	Join the Frost Running Club! We will hit the streets in the neighborhood, run on the track at Frost and Woodson. Bring your running shoes!	2:30 - 3:30 Trailer #4-2	Mr. Greenwood
Sewing & Circuit Club	This club will meet twice a month. You will learn basic sewing techniques to include small take away projects! You do not need to have any prior sewing experience. You will learn all of the sewing safety and how to hand sew and operate a machine. We will also learn how to use a Circuit and design cool projects.	2:30 - 4:30 Room D-111/114	Ms. Hansen
Teacher Academic Help	Students can stay after with their teachers for additional help, make up tests and work on projects - Students must ask teacher what days they are staying after each week	2:30 - 4:30	Frost Staff
Video Game Room	Do you enjoy playing Video games? If you answered yes, then the Video Game Club is the place for you. We have Switch, Xbox, & Wii U.	2:30 - 4:30 Room G-105	Ms. Morrobel
Friday Clubs			
Club Frost	Students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment. We have a homework table set up for students to complete homework	2:30 - 4:30 8th Grade Gym	Mr. Agosta
Cooking Club	Every Friday, You get to cook dinner for your family! We will make a variety of dishes for dinner, breakfast and sides.	2:30 - 4:30 Sign in - 8th Grade Gym	Ms. Metzker Ms. Gregory
Science Olympiad	Science Olympiad offers students the opportunity to improve their understanding in science, technology, engineering and mathematics (STEM) and to work together in teams to learn new skills.	2:30 - 4:30 Room G-105	Frost Parents Ms. Metzker