

Frost After School Program - Club Descriptions - 2nd Semester 21-22

Club Name	Description	Time club meets	Sponsor	Schoology Group Access Code
Monday Clubs				Updated 2/1/22
Chat Club	During Chat Club, students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment.	2:30 - 4:30 8th Grade Gym	Ms. Antayhua Ms. Flores Ms. Gonzalez Ms. Morrobel	
Dungeons & Dragons	Meet up with your friends and play Dungeons & Dragons - who will be the Dungeon Master?	2:30 - 3:30 Trailer #5-2	Mr. Beekman	8Q5H-5VTC-4WRG9
Football & Weight Training with the Woodson Coaches	Students will work with the Woodson freshman football coach to prepare to play high school football. They will lift weights and play non-tackle football	2:30 - 4:30 Trailer #8-1	Mr. Chong	NH6R-3J2P-C3P8V
Library Homework Club	The library/Room 106 is open on all 3 late bus days for students to do homework, use the computers for research, socialize quietly with friends, work on projects, read and enjoy a light snack.	2:30 - 4:30 Library & Room 106	Mr. Agosta Ms. Patterson	
Movie Club	Enjoy movies with your friends. We will watch popular movies and discuss them. Movie Club will meet once a month, on the following dates: 1st Sem - 10/4, 11/8, 12/13, 1/10 2nd Sem - 2/14, 3/14, 4/18, 5/16	2:30 - 4:30 Trailer #6-3	Ms. Little	8PKJ-M28W-HWM8F
Model United Nations	Are you interested in taking the role of a delegate representing a country and debating about numerous global affairs topics? Do you want to play the role of one of the Avenger members and discuss what to do about Thanos or be a participant in the Trojan Wars and plan an attack on your enemies? You can do all of that and so much more in Model UN, all while making many new friends, improving your public speaking and leadership skills, and learning about global affairs.	2:30 - 3:30 Modular 22	Ms. Antayhua & Frost students Jamie Kim Maia Kim Moubon Kurukumbi	H7VX-PWVZ-SJW63
Teacher Academic Help	Students can stay after with their teachers for additional help, make up tests and work on projects - Students must ask teacher what days they are staying after each week	2:30 - 4:30	Frost Staff	
TSA Technology Student Association	The mission of the TSA Association is to prepare our membership for the challenges of a dynamic world by promoting technological literacy, leadership, and problem solving, resulting in personal growth and opportunity. Student members of TSA develop aptitudes, interests, and abilities pertaining to functioning in a technical world. TSA's program of leadership development and competitive events provide students opportunities beyond the traditional classroom setting which add to their increased knowledge and understanding of technology and its role in our society.	2:30 - 3:30 Room 408	Mr. Wiseman	
Video Game Room	Do you enjoy playing Video games? If you answered yes, then the Game Zone is the place for you. We also have pool, air hockey, and foosball.	2:30 - 4:30 Room 415	Ms. Gregory	
Volleyball Club	Join us on Mondays to play Volleyball	2:30 - 4:30 8th Grade Gym	Ms. Withington	
Word Game Club	Students will learn to properly lift weight and work on their fitness level	2:30 - 3:30 Room 401	Ms. Peterson	

Writopia	Do you love to write? Come write what you want with help from other writers here at Frost. Fiction, Nonfiction, Zines, Journal, etc . . . We'll have some protected quiet time to write, and some time to share and collaborate with each other.	2:30 - 3:30 Room 507	Ms. Champagne	28WT-XB86-KS4T4
Tuesday Clubs				
Club Frost	Students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment. We have a homework table set up for students to complete homework	2:30 - 4:30 8th Grade Gym	Mr. Agosta	
Let's Bake	Do you like to Bake? If you do, then this is the club for you. Every Tuesday we will bake delicious desserts from cookies, to cake, pie, muffins and more.	2:30 - 4:30 Sign in - 8th Grade Gym	Ms. Metzker Ms. Gregory	CWT8-7WVH-9RCNJ
VIRTUAL Poetry Club	"If you're intrigued by what you just read, if you know which of those poems wasn't a haiku, try Poetry Club. We'll have games, slams, prizes, guest poets, Hamilton tributes, and fifty yet-to-be-discovered things."	3:00 - 4:00 Must join the Group in Schoology for Zoom link	Mr. Verbicar (Frost)	HG5F-H5ZB-7JMDW
Wednesday Clubs				
Anime Club	Join us on Tuesdays for Anime Club. We will watch Japanese Anime movies and TV episodes, discussion and the occasional Yu-Gi-Oh! Card tournament..	2:30 - 4:30 Room 205	Ms. Smith	
Chat Club	During Chat Club, students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment.	2:30 - 4:30 8th Grade Gym	Ms. Antayhua Ms. Flores Ms. Gonzalez Ms. Morrobel	
Cheerleading	Students will learn basic cheerleading routines and have the opportunity to cheer at some middle school events.	2:30 - 4:30 Room 410	Ms. Jones	
Football & Weight Training with the Woodson Coaches	Students will work with the Woodson freshman football coach to prepare to play high school football. They will lift weights and play non-tackle football	2:30 - 4:30 Trailer #8-1	Mr. Chong	NH6R-3J2P-C3P8V
Frost Minds Matter	Frost Minds Matter is a student-led club that empowers school communities to change their culture around mental health.	2:30 - 3:30 Trailer #4-1	Dr. Zabel Mr. Lantis	8WV8-BKvh-BW5JT
Game/Sports Club	We walk, run, leap & lunge - packing as many fun activities as you can in 120 minutes. Activity List: Basketball, Soccer, Taboo, Catchphrase, Charades, Flag Football, Capture the Fried Chicken, School-wide Ping Pong Tournament, Pizza Party, Asian Extravaganza, Oaxacan Food Fest, Steal the Snack Food, Spoons, Gaga, & more.	2:30 - 4:30 Trailer #3-3	Mr. Verbicar	
Library Homework Club	The library/Room 106 is open on all 3 late bus days for students to do homework, use the computers for research, socialize quietly with friends, work on projects, read and enjoy a light snack.	2:30 - 4:30 Library & Room 106	Mr. Agosta Ms. Patterson	

Math Counts	<p>What is MathCounts?</p> <p>The MATHCOUNTS Competition Series is the only competition program of its kind, with live, in-person events in all 50 states, as well as U.S. territories and schools worldwide through the U.S. Department of Defense and State Department. The Competition Series is ideal for students who have a talent and passion for math who need to be challenged. Students will engage in exciting "bee-style" contests in which they will compete against and alongside other bright, motivated students.</p>	2:30 - 4:30 Trailer # 4-2 & Trailer #4-4	Ms. Warnick Ms. Shin	FR8H-B8C7-8GKGS
Science Fair Club	Students will work on their Science Fair project	2:30 - 4:30 Room 512	Ms. Martin	N3VF-9B7K-B9HPD
Teacher Academic Help	Students can stay after with their teachers for additional help, make up tests and work on projects - Students must ask teacher what days they are staying after each week	2:30 - 4:30	Frost Staff	
Unified Special Olympics	Special Olympics defines Unified Sports as "Dedicated to promoting social inclusion through shared sports training and competition experiences, Unified Sports joins people with and without intellectual disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding. The athletes are participants with intellectual disabilities and the partners are the peers training on the same team. The club will run in two sections, basketball in the fall and track in the spring. **Partners will be limited to participation in the fall OR spring. Club members will develop partnerships and friendships as they work together to learn the game of basketball and practice and develop basketball skills.	2:30 - 3:30 7th Grade Gym	Ms. Davenhall Ms. Lockhart Ms. Willard	9G87-PJK2-PFHTQ
Video Game Room	Do you enjoy playing Video games? If you answered yes, then the Game Zone is the place for you. We also have pool, air hockey, and foosball.	2:30 - 4:30 Room 415	Ms. Gregory	
Weight Training	Do you enjoy playing Video games? If you answered yes, then the Game Zone is the place for you. We also have pool, air hockey, and foosball.	2:30 - 3:30 Weight room	Ms. Jones	
Thursday Clubs				
Art Club	Art Club operates in an open studio format, where students work self-paced, on art projects of their choice: drawing, painting, sculpture, printmaking, and collage.	2:30 - 4:30 Room 401	Ms. Jones	9M5W-7SNS-Z33G9
Basketball Club	Join us on Thursdays to play Basketball	2:30 - 3:30 7th Grade Gym	Mr. Kalinkos	
Chat Club	During Chat Club, students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment.	2:30 - 4:30 8th Grade Gym	Ms. Antayhua Ms. Flores Ms. Gonzalez Ms. Morrobel	
Chess Club Rubik's Cube Club	<p>Chess Club: All students are welcome to learn the game of chess and improve thir skills. The club meets once a week for friendly play and discussion of strategies and tactics.</p> <p>Rubik's Cube Club: We are a group of students who enjoy solving Rubik's cubes and other twisty puzzles. Whether you've never solved a cube before or you've been solving for years, we are open to everybody. Come join us!</p>	2:30 - 4:30 Room 207	Ms. Smith	
College & Career Exploration (6 week sessions in the Fall & Spring)	College & Career Exploration welcomes everybody interested in getting a jumpstart on preparing for their future! The club's activities include: interest inventories for students, learning what colleges are looking for, discovering all of the resources available to help students find the best college for them, attending sessions with guest speakers, career exploration, and visiting a college or university.	2:30 - 4:30 Room 402	Ms. Avina Ms. Morris	DDJP-K2CF-SHMW8

Dance Team (4th quarter)	The Varsity Precisionettes coach is excited to come to Frost to teach you some of the routines the Precisionettes perform at football and basketball games! Learn the skills needed to make the team! Leaping, jumping, and turning. PLUS, learn a few hip hop tricks that will wow your friends! OR, just come to the club because you just like to dance. We'll be teaching jazz, hip hop, kick and pom combinations to current music selections.	2:30 - 3:30 8th Grade Gym	Ms. Schnebel	8PWJ-3PCK-3DD56
Film & Video Making Club	Students will work collaboratively to produce a film and submit it to the NOVA Film festival. They will learn how to produce and edit their work.	2:30 - 4:30 Room 503	Ms. Morrobel	TDFQ-STDB-CKJPG
Football & Weight Training with the Woodson Coaches	Students will work with the Woodson freshman football coach to prepare to play high school football. They will lift weights and play non-tackle football	2:30 - 4:30 Trailer #8-1	Mr. Chong	NH6R-3J2P-C3P8V
Library Homework Club	The library/Room 106 is open on all 3 late bus days for students to do homework, use the computers for research, socialize quietly with friends, work on projects, read and enjoy a light snack.	2:30 - 4:30 Library & Room 106	Mr. Agosta Ms. Patterson	
Literary Magazine & Newspaper Club	Welcome to Frost Roadways and Revelations! This is Frost's very own Newspaper and Literature Magazine. If you enjoy writing creatively, learning about current events in our school community and the world, and meeting new friends-this is the place for you! You will be able to experience having your writing published and shared with the Frost community.	2:30 - 3:30 Room 507	Ms. Champagne Ms. Sharma	K56K-JCCQ-ZM9Q6
Pride Club (will meet every other week)	Pride club will provide a safe environment for students to build community, self-confidence, and resiliency while further developing social/emotional wellness. This will be a support group for students that identify as LGBTQ and/or students that wish to be a part of this community of support.	2:30 - 3:30 Room 304	Ms. Hansen	
Sewing Club (will meet every other week)	Have you ever wanted to give sewing a try? Come join Mrs. Hansen in room 304 on Thursdays after school to learn basic sewing techniques to include small take away projects! Some things we will learn how to make are a bowl "koozie," a mug rug, a quilted pot holder, a satchet (small scented bag-see picture) and other fun items! You do not need to have any prior sewing experience. You will learn all of the sewing safety and how to hand sew and operate a machine.	2:30 - 4:30 Room 304	Ms. Hansen	67CZ-99GD-VV8Z9
Sign Language Club	American Sign Language Club is an opportunity for students to learn the basics of signing as well as get a look into the world of Deaf culture.	2:30 - 3:30 Room 401	Ms. Withington	
Teacher Academic Help	Students can stay after with their teachers for additional help, make up tests and work on projects - Students must ask teacher what days they are staying after each week	2:30 - 4:30	Frost Staff	
Video Game Room	Do you enjoy playing Video games? If you answered yes, then the Game Zone is the place for you. We also have pool, air hockey, and foosball.	2:30 - 4:30 Room 415	Ms. Gregory	

Friday Clubs

Club Frost	Students have time to socialize and hang out with friends, play open gym sports and many other activities within a safe & supervised environment. We have a homework table set up for students to complete homework	2:30 - 4:30 8th Grade Gym	Mr. Agosta	
Cooking Club	Every Friday, You get to cook dinner for your family! We will make a variety of dishes for dinner, breakfast and sides.	2:30 - 4:30 Sign in - 8th Grade Gym	Ms. Metzker Ms. Gregory	CWT8-7WVH-9RCNJ
Science Olympiad	Science Olympiad offers students the opportunity to improve their understanding in science, technology, engineering and mathematics (STEM) and to work together in teams to learn new skills.	2:30 - 4:30 Room 508	Frost Parents Ms. Metzker	HDCG-M4GJ-HCSGR