

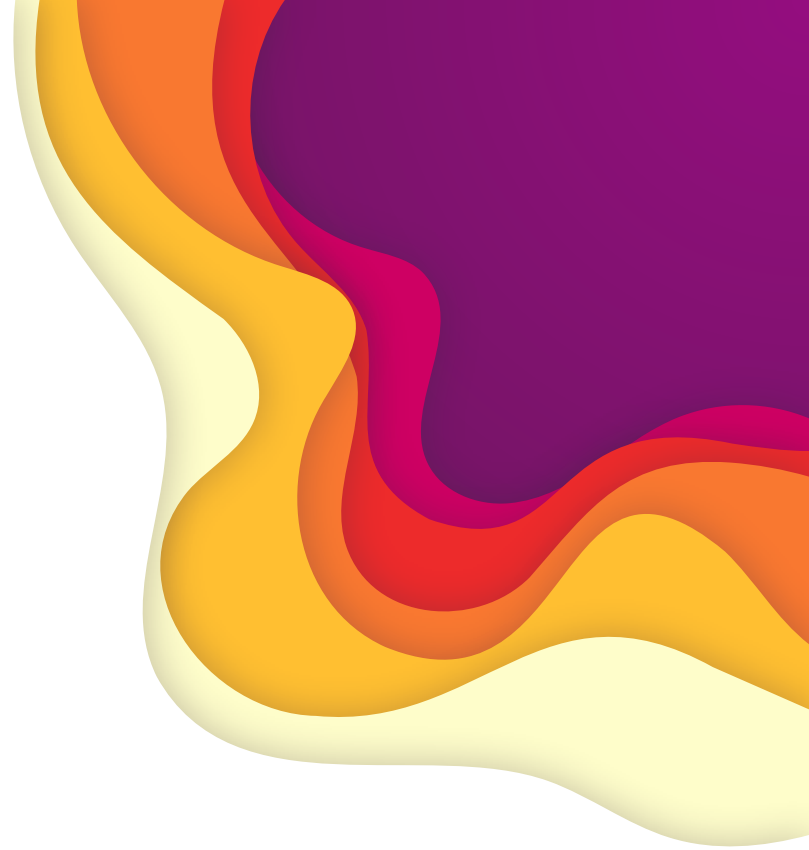
# Rising 7th Course Selection

Frost Middle School



# Presentation Overview

- General Information
- Course Selection Timeline
- Required Courses
- Elective Courses
- Next Steps
- Resources



# Frost Administrators

- Mr. Harris, Principal
- Ms. Hornbecker, Director of Student Services
- Ms. Reed, Assistant Principal
- Ms. Champ, Assistant Principal
- Mr. Hudson, Assistant Principal
- Ms. Kownacki, Assistant Principal
- Ms. Metzker, After School Specialist



# Counselors - School Year 2024-25

## 8th Grade

- Ms. Balderston
- Ms. Dunn

## 7th Grade

- Ms. Avina
- Ms. Gibas
- Mr. Joo



# Middle School Teams

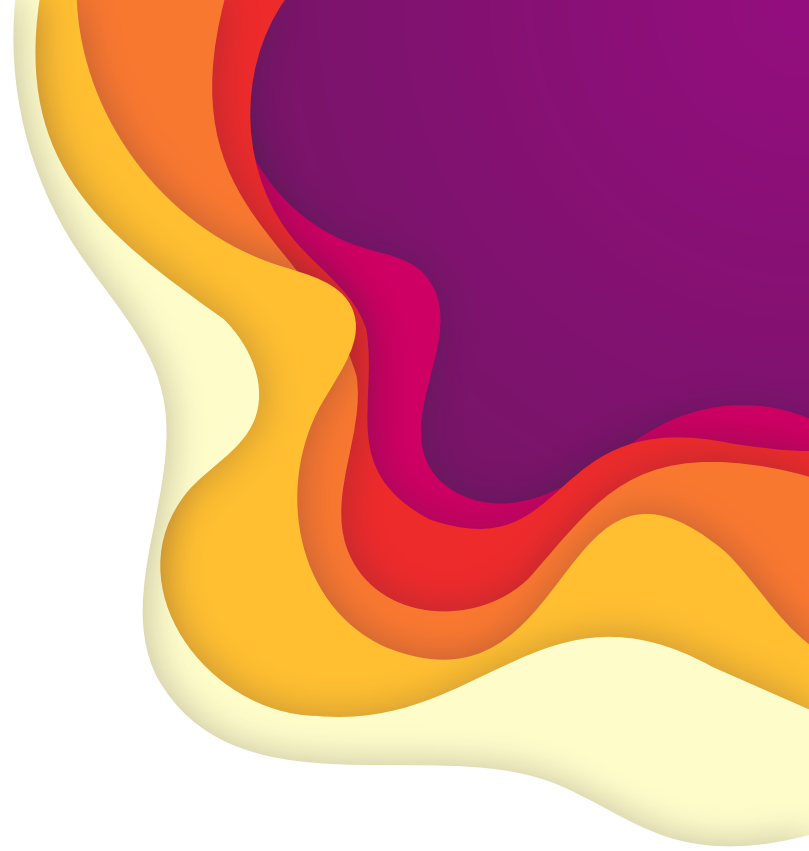
Voyagers

Travelers

Endeavor

Cavaliers

Same English, Science, History teachers  
& Counselor



# Typical Day at Frost

7:30am-2:15pm

- Block Scheduling, 90 minutes
- Blue Days: Periods 1, 3, 4, 5, 7
- Gray Days: Periods 1, 2, 4, 6, 8

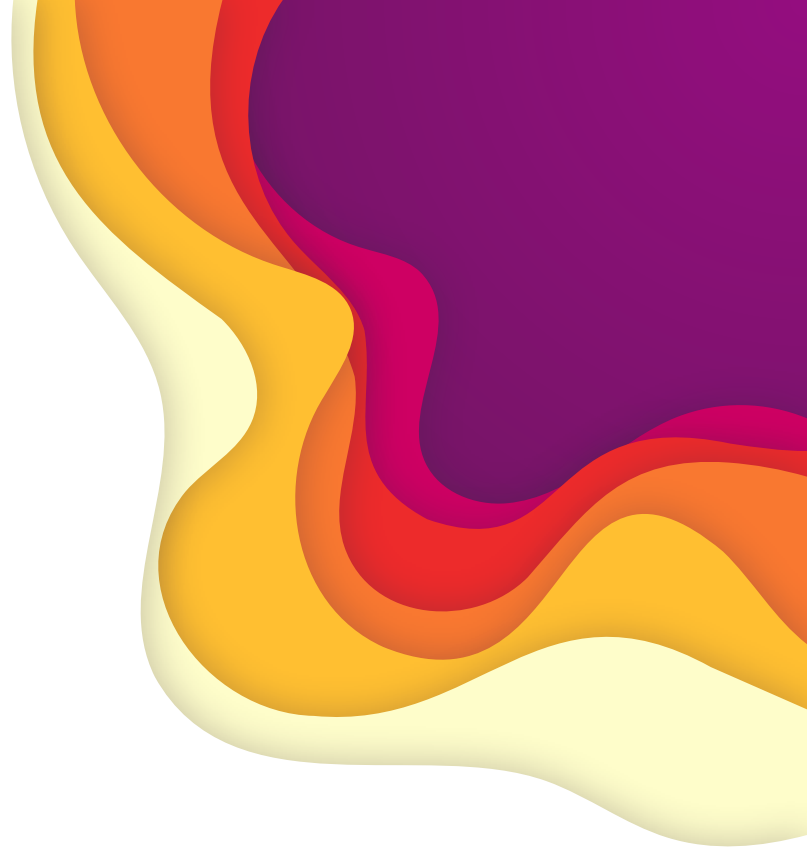
Periods 1 & 4 Every Day

Five minutes between classes

Four lunch periods (A, B, C, D)

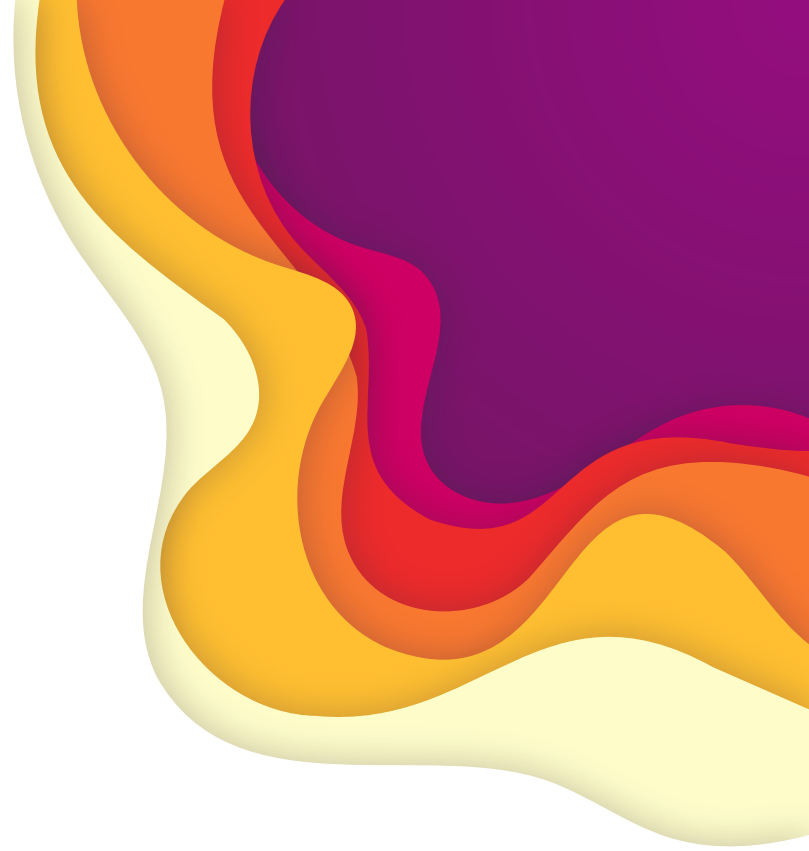
Period 4 = Falcon Focus

**NOTE: Bell Schedule subject to  
potential modifications for  
2024-25**



# Falcon Focus

- Every day
- With one of your teachers
- Recess - 15 min every day
- School wide lessons
- Academic support



# Lockers

## Hallway

- Available upon request, only if needed
- Only accessible before school, lunch, and end of the day

## Gym

- Only used for PE essentials

## Music

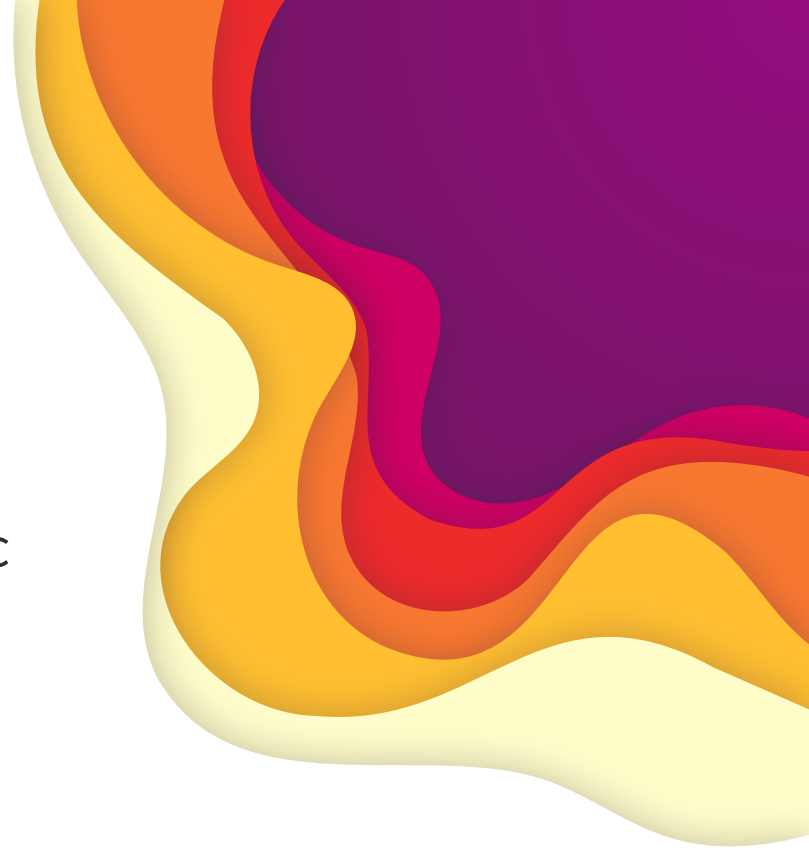
- Instrument storage





# After-School Program

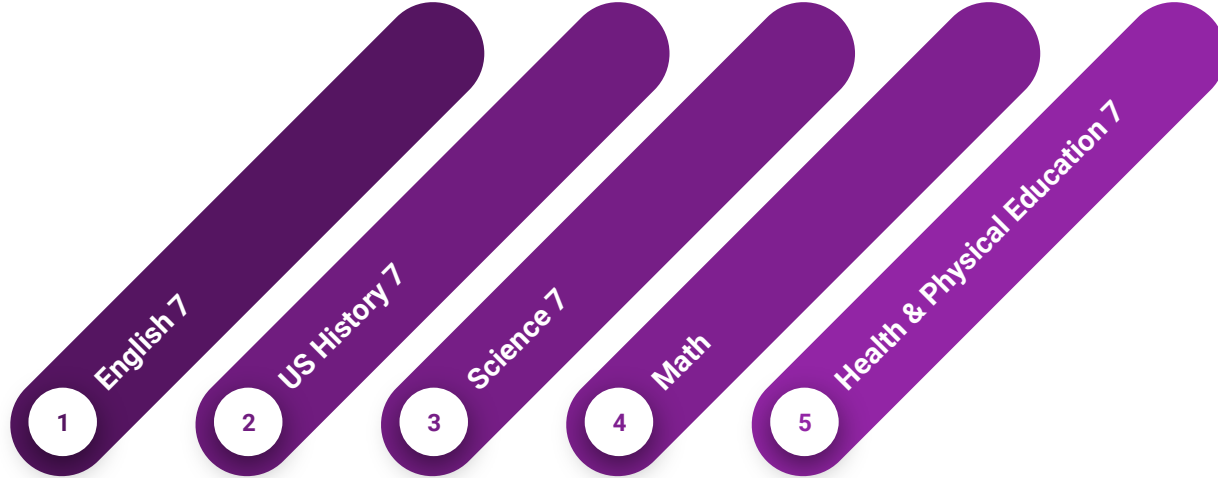
- Programs every day 2:30-4:30
- Late busses M, T, W, TH
- Teachers also available for academic help
- Numerous options for everyone!





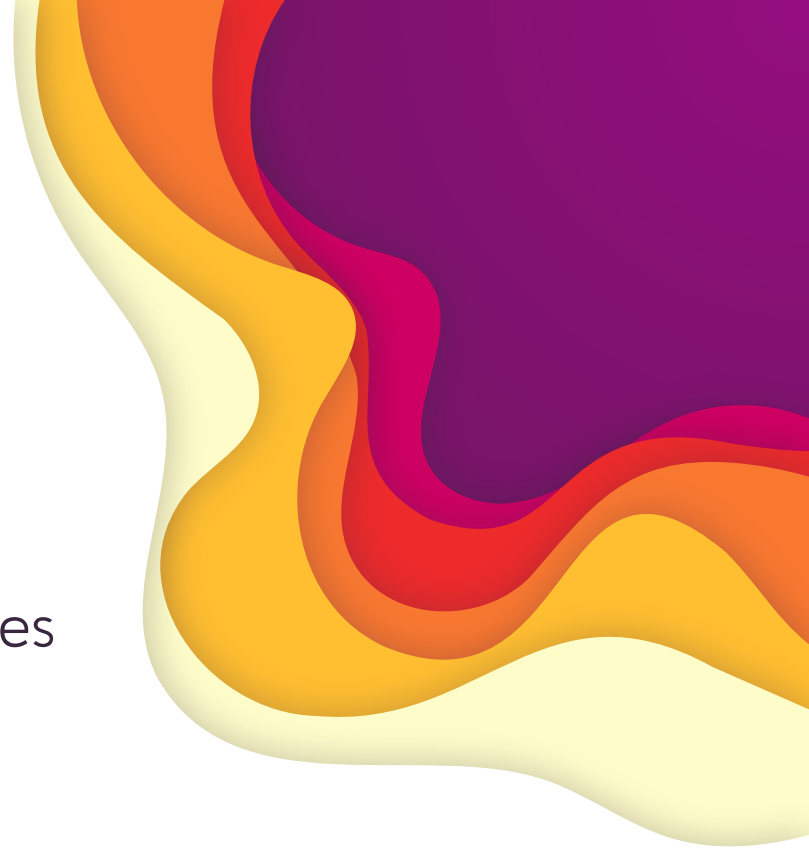
Required 7th  
Grade Courses

# Required Courses



# AAP in Middle School

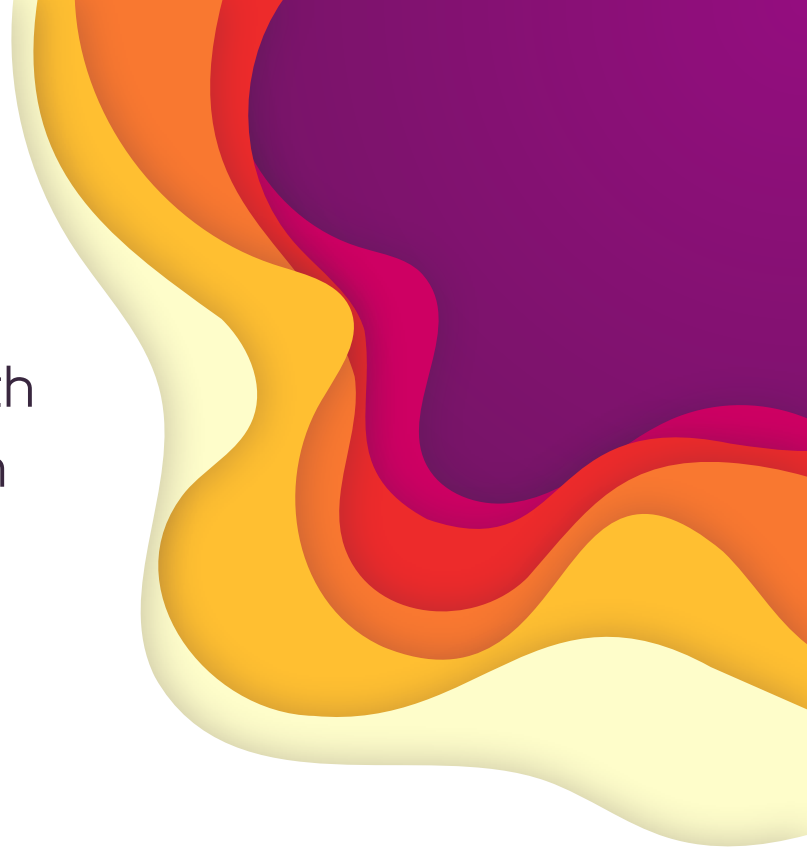
- AAP Level 3
  - Option of Honors courses
- AAP Level 4
  - Auto Enrolled in AAP Core Classes
    - English, Science, History
- Math is separate placement process



# Core Course Overview

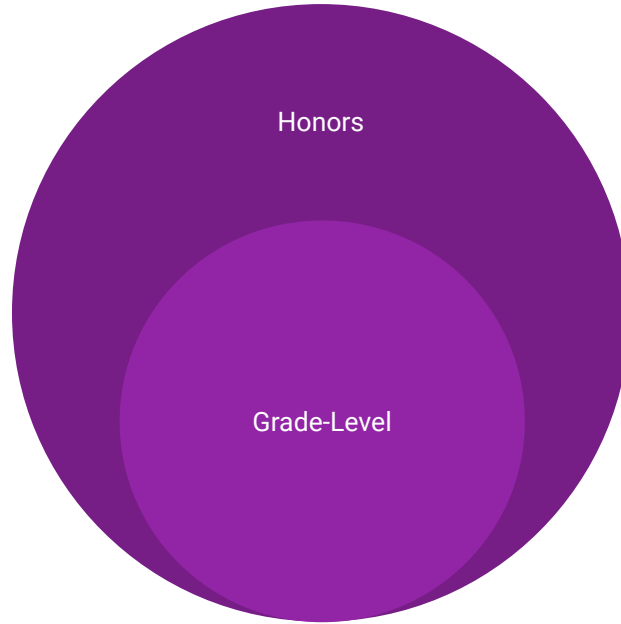
You will now hear from some of our 7th grade English, History, Science, and Math teachers about these courses.

7th Grade Core Course Overview



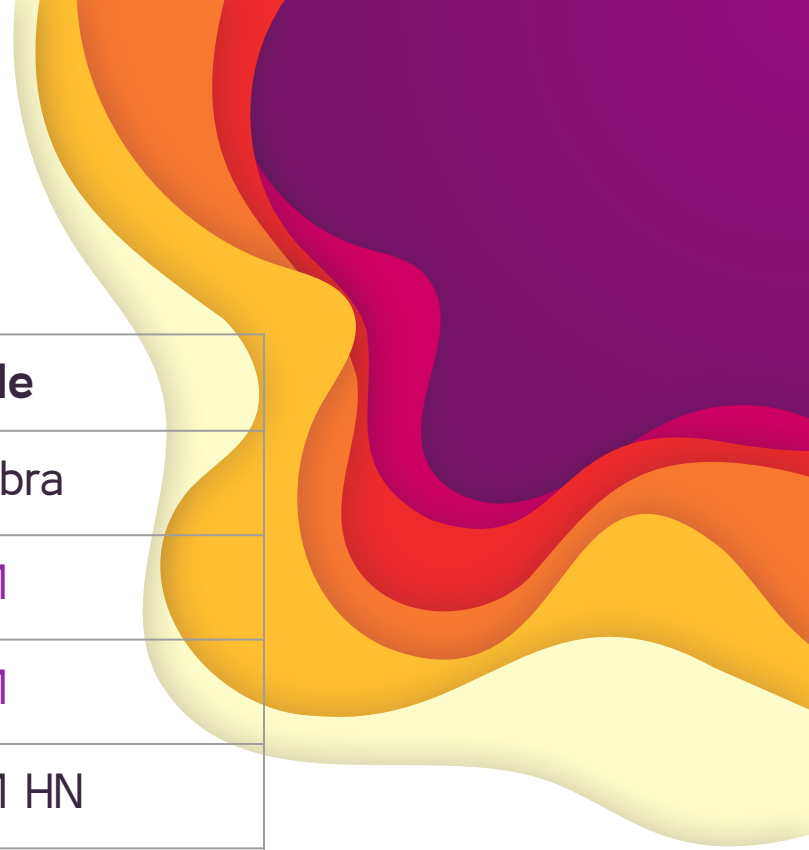
# Grade-Level vs. Honors

- English 7
- US History 7
- Science 7



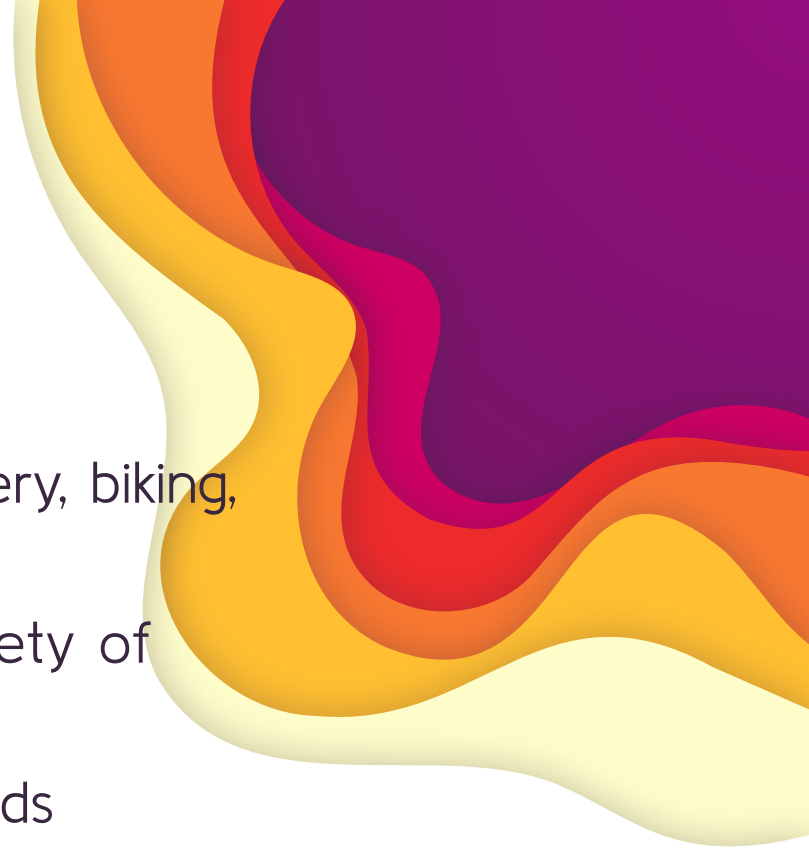
# Math Sequencing

6th Grade	7th Grade	8th Grade
Math 6	Math 7	Pre-Algebra
	Math 7 HN	Algebra 1
Advanced Math 6	Math 7 HN	Algebra 1
		Algebra 1 HN
Advanced Math 6	Algebra 1 HN	Geometry HN



# Health & PE 7

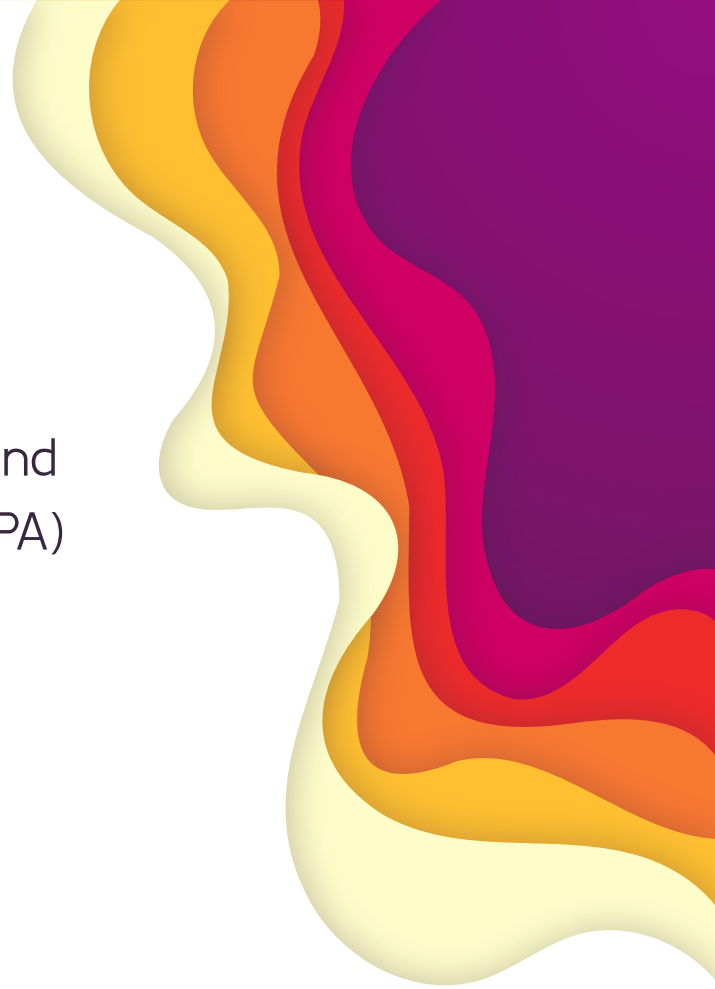
- Frost Activewear purchase optional
- Variety of activities introduced
  - Exs./flag football, volleyball, archery, biking, team games, etc...
- Stay physically active through a variety of games, sports, & fitness activities
- Have fun and spend time with friends
- Learn how to practice mental, physical, and emotional health





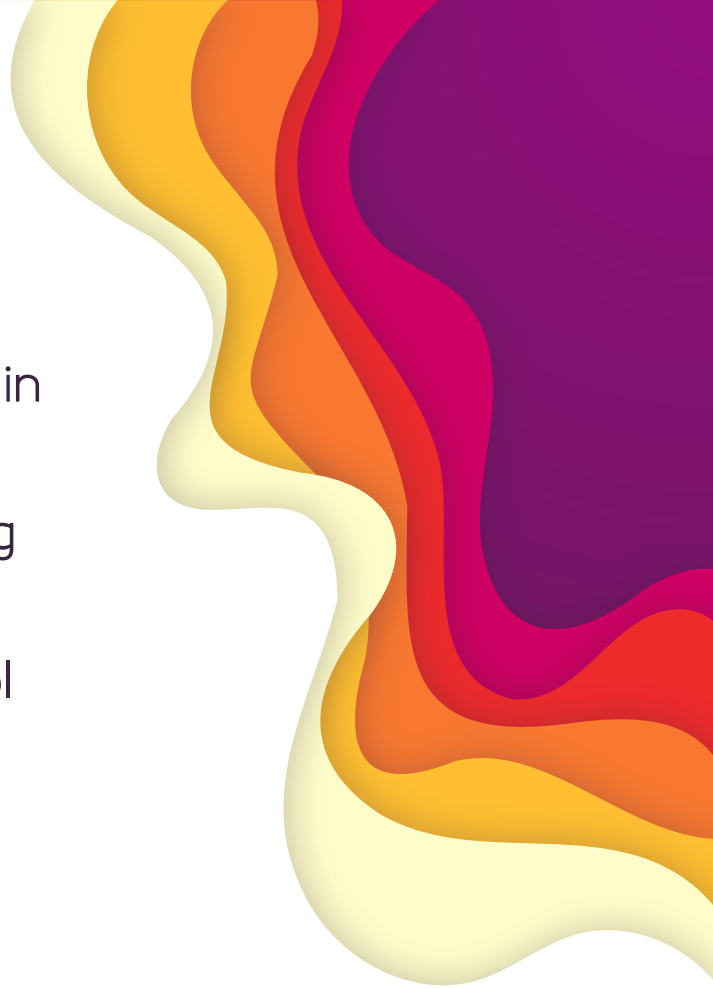
# High School Credit Courses

- Algebra 1 HN
- Final grade listed on high school transcript and calculated in overall grade point average (GPA)
- 9th Grade Level Course



# World Language Credit Exam

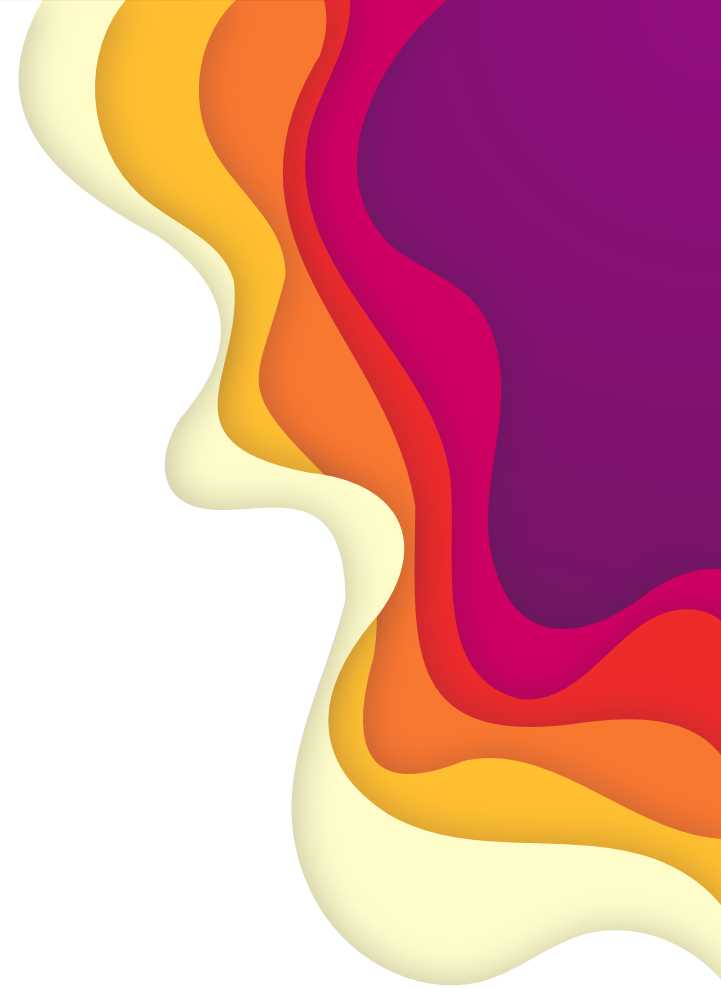
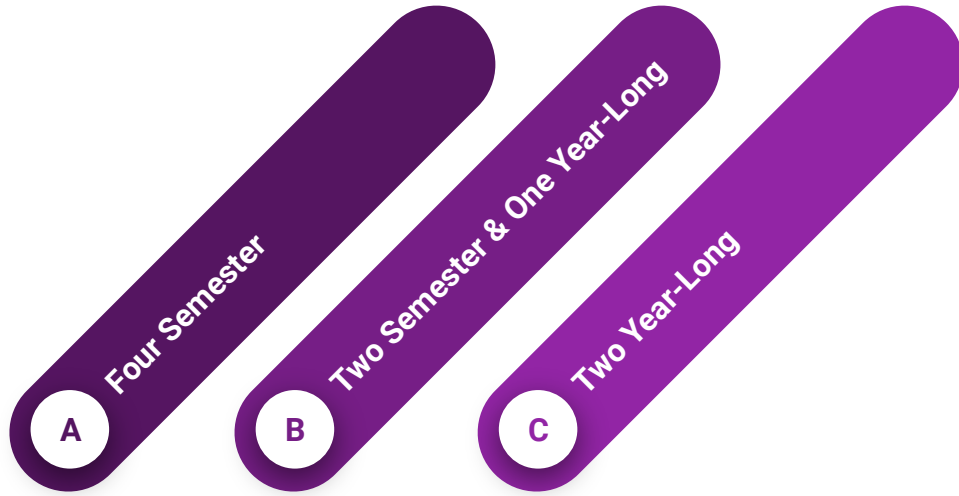
- Exam to test language proficiency available in 30 languages
  - Skills accessed: reading, writing, speaking
  - Test date: Fall 2023
- Opportunity to earn up to three high school credits
- Register with your Counselor Fall 2024





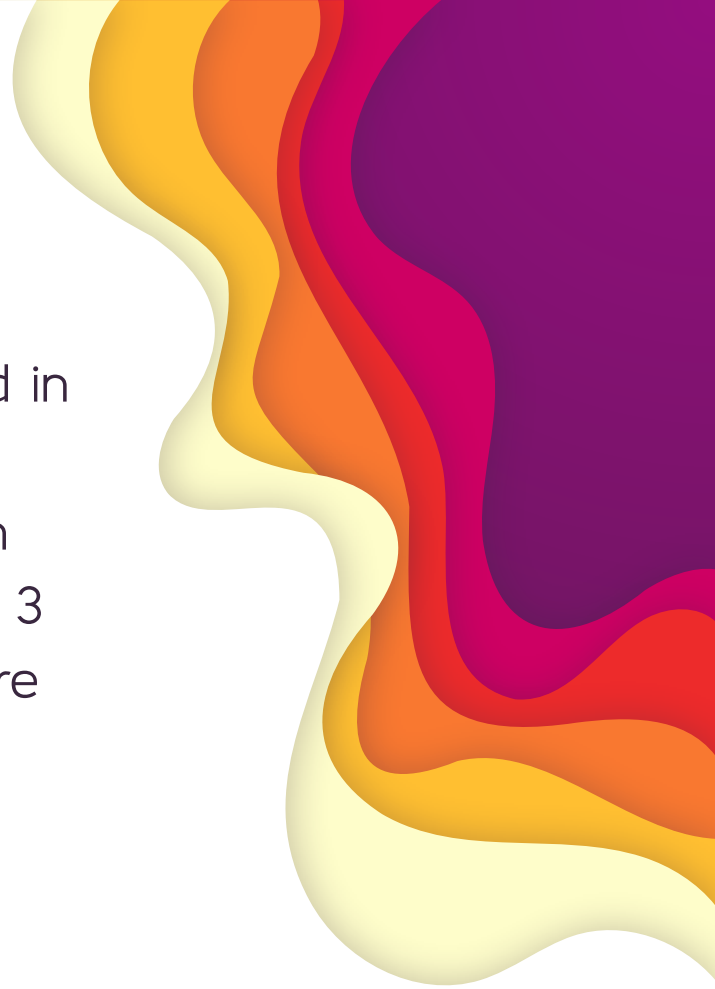
# 7th Grade Elective Courses

# Elective Scheduling



# Elective Ranking

- Although only 2-4 electives will be included in your schedule, you must rank 6 electives
- If you want a year-long elective included in your schedule, it must be ranked in the top 3
- Rank your top 6 electives so we can be sure to schedule you in something you have interests



# Elective Courses

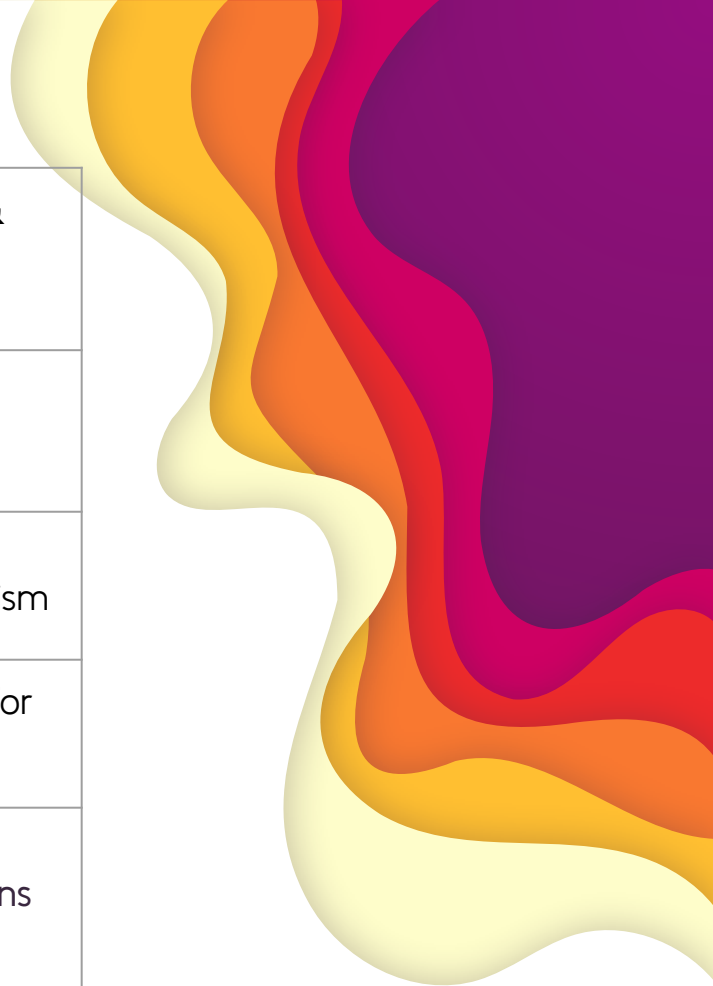
Semester Options

[Rising 7th Elective Course Video](#)



# Semester Electives

<b>Fine Arts (Art)</b>	<b>Fine Arts (Theater &amp; Music)</b>	<b>Career &amp; Technical Education</b>	<b>English &amp; Other</b>
Art Foundations	Theater Arts	Computer Solutions	Creative Writing
Art Extensions	Technical Theater	Coding 1	Literary Arts/Journalism
3D Art	Chorus	Engineering 1	Strategies for Success
Computers in Art	Piano Lab	Family & Consumer Sciences 1	Career Investigations



# Career Investigations

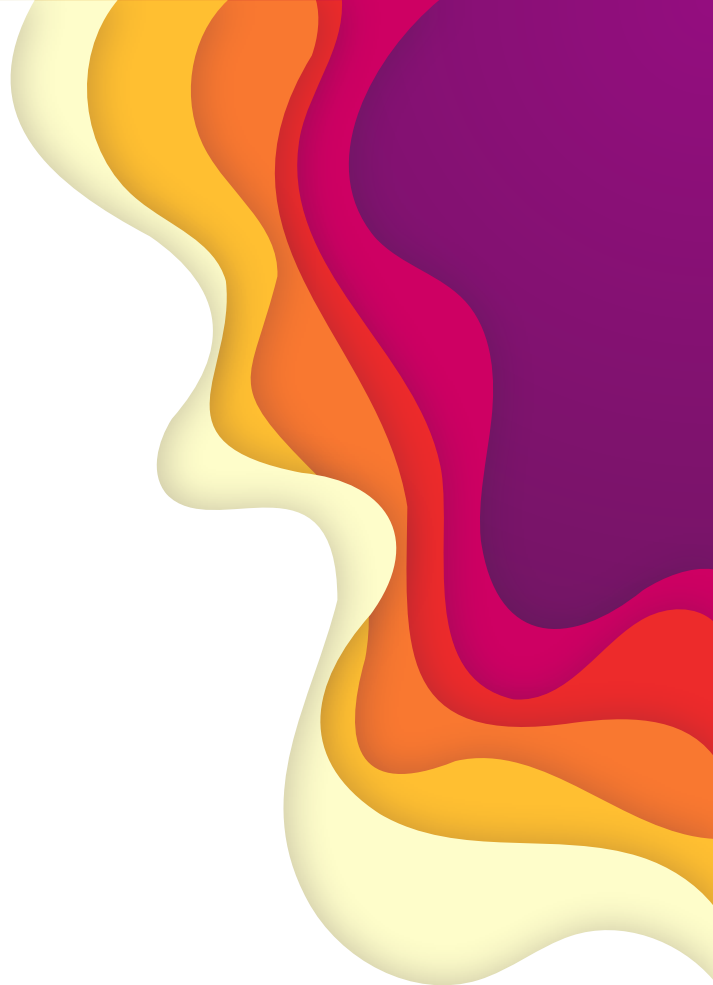
- Explore career clusters, career pathways, or occupations
- Draft an Academic and Career PLAN based on their academic and career interests
- Develop leadership, interpersonal, and career skills





# Year Long Electives

Fine Arts (Music)	World Languages
Band	Spanish 1 Part A
Chorus	French 1 Part A
Orchestra	

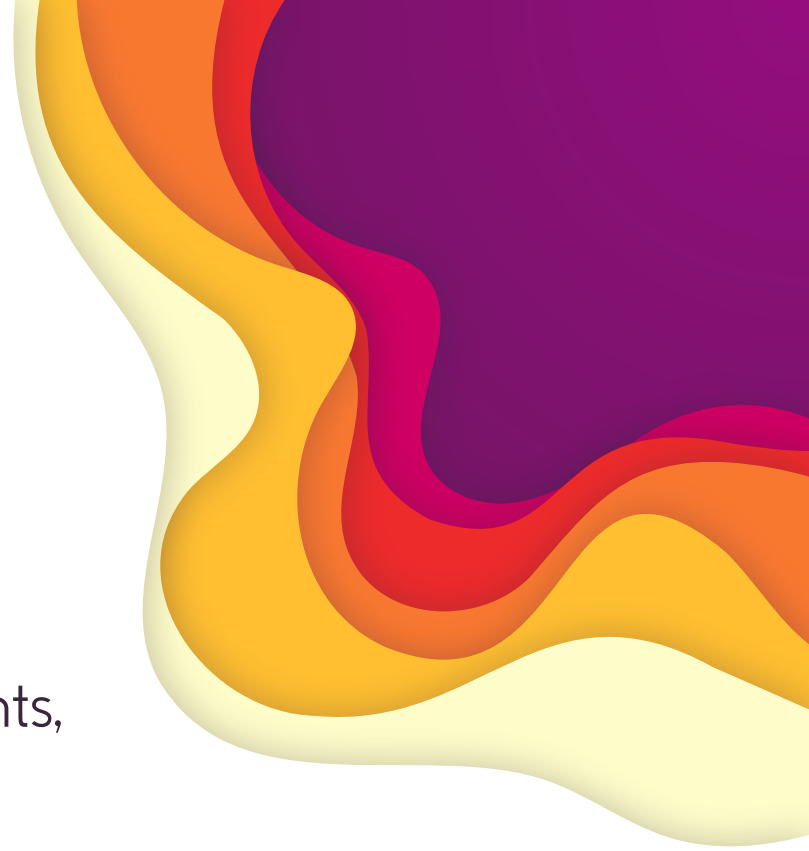




Next Steps

## Next Steps

- Visits to Frost Jan 30 & 31
- Frost Family Festival
  - February 22
  - 5:30–7:30 PM
- Discuss course selections with parents, teachers, and counselor
- **Return completed, signed course selection sheet to teacher by elementary designated due date**



# Resources

- [Rising 7th Course Selection Resource](#)
- [Rising 7th Grade Course Selection Website](#)
  - Course Selection Sheet
  - Copy of Presentations & Videos
  - Course Selection Resource Google Doc

